

Please refer to the exclusion criteria listed on the reverse of this form to ensure your patient is eligible for Direct Access Endoscopy.

## REQUESTED PROCEDURE

- Gastroscopy  Colonoscopy  Gastroscopy and Colonoscopy

## REFERRAL TO

- D A/Prof Ahmad Alrubaie  Dr Ricardo Hamilton  Dr Feizur Reza  Dr Assad Zahid  
 Dr Khalid Ahmed  Dr Rachel Kirby  Dr Siddaiah-Subramanya  Dr Katherine Zhu  
 Dr Sam Al-Sohaily  Dr Aldenb Lorenzo  Dr Christine Verdon OR  
 Dr Beshoy Farah  Dr Ramesh Paramsoth  Dr Gary Yee  First available specialist

## PATIENT'S DETAILS

Name: Address:  
Date of Birth: Gender:  
Contact number: (M) Contact number: (W)  
Medicare: Exp Date:  
Private Health Fund: Membership number:

## REFERRING DOCTOR

Name: Address:  
Phone: Fax:  
Provider number: Date:  
Signature:

## PATIENT CONDITIONS NOT SUITED FOR DIRECT ACCESS ENDOSCOPY

- Age >80
- Weight Kgs
- Use of Clopidogrel, Ticagretor (Brillinta) or Blood Thinners
- Problem with anaesthetics
- Type 1 diabetes
- Type 2 diabetes on Insulin
- Renal insufficiency
- Congestive cardiac failure
- Advanced lung disease
- Acute cardiac history
- Pacemaker within 12 months

*In the presence of significant health concerns / comorbidities, patients should have a consultation prior to any endoscopic procedure; please do not refer such patients for direct access endoscopy.*

## GASTROSCOPY INDICATIONS

### Bleeding

- Haematemesis
- Melaena
- Iron deficiency anaemia (attached FBE/Fe studies)

### Other

- Heartburn/reflux
- Unintentional weight loss
- Dysphagia
- Persistent nausea or vomiting
- Loss of appetite
- Epigastric pain
- Abdominal imaging (attach report)
- Other

Comments:

## COLONOSCOPY INDICATIONS

### Bleeding

- Positive FOBT
- PR Bleeding
- Iron deficiency anaemia (attach FBE/Fe studies)
- NBCSP
- Bright
- Other
- Dark/mixed

### Other

- Change in bowel habit (constipation or loose stools)
- Unintentional weight loss
- Rectal or abdominal mass
- Abdominal pain
- Abdominal imaging (attach report)
- Known large polyp requiring removal (attach colonoscopy and path reports)
- Family history
- Other

Comments:

## PATIENT CONDITIONS NOT SUITED FOR DIRECT ACCESS ENDOSCOPY

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## PLEASE RETURN THIS FORM TO:

F: 02 4610 5997 or E: tgbookings@acurio.com.au or upload via our website link

# Direct Access Endoscopy Referral Form

## Exclusion Criteria

Thank you for your interest in referring to The George Centre's Direct Access Endoscopy service. This service is ideal for patients who require an endoscopy procedure as part of a regular surveillance program or cancer screening program; are over 18 and under 80 years of age; in stable health with no recent ill health (within 6 weeks) of colds, flu or other illnesses and those on limited medication.

### As a guideline:

- Fit otherwise healthy patients with indications for colonoscopy including rectal bleeding, family history of bowel cancer, iron deficiency anemia, personal history of polyps, positive fecal occult blood test.
- Fit otherwise healthy patients with indications for gastroscopy including reflux symptoms, upper abdominal pain, suspected Coeliac disease and iron deficiency.

**Medications** – The patient is not eligible if taking any of these medications: Clopidogrel, Warfarin, Other forms of anticoagulant or antiplatelet agents

**Age** – not eligible if: Under the age of 18; Over the age of 80

**Body Mass Index (BMI)** – The patient is not eligible if they have a Body Mass Index > 40

**Cardiovascular** – not eligible if: A recent myocardial infarct (within the last 6 months), Unstable angina, Atrial fibrillation and other arrhythmias, Pacemaker, Drug eluting stents within the last 12 months, Bare metal stents within the last 6 months

**Endocrinology** – not eligible if: Insulin dependent diabetes, Uncontrolled thyroid dysfunction

**Gastrointestinal** - not eligible if: Had recent abdominal surgery (within 6 weeks), An acute episode of diverticulitis (within 6 weeks), Active Chron's disease, Ulcerative colitis

**Liver disease** – not eligible if: Cirrhosis (ascites, encephalopathy, jaundice, gastrointestinal bleeding)

**Neurological** – not eligible if: Recent CVA or TIAS, Epilepsy, Dementia, Mental retardation

**Pregnancy** – not eligible if: The patient is pregnant

**Psychiatry** – not eligible if: Any major psychiatric disorders

**Respiratory** – not eligible if: COPD, Asthma, Obstructed upper airway, Obstructive sleep apnoea (OSA)

**Renal** – not eligible if: On dialysis, Has chronic kidney impairment